Time-Dependent Deformation of Polypropylene in Response to Different Stress Histories

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ABSTRACT

Tensile strains have been determined as a function of time for polypropylene during (a) two-step loading, (b) creep recovery following removal of a load, and (c) intermittent load application. Data are presented at 23 °C for specimens of different physical age, for different stress levels in the non-linear range and various durations of loading. The results are compared with predictions based on a pseudo-linear model. They have also been analysed using a modified superposition procedure that allows for changes in mean retardation time due both to physical ageing and to the application and removal of loads. This analysis has provided useful information on the variations of molecular mobility during the different loading histories. The functions and associated parameters used in the analyses could also form the basis of a method for presenting design data on plastics.
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FIGURE CAPTIONS
1 INTRODUCTION

Boltzmann's Superposition Principle can be used to predict the deformation of polymeric solids subjected to arbitrary time-dependent loads\(^1\). The success of this procedure requires that the viscoelastic behaviour is linear, implying that the applied stresses are sufficiently small to have a negligible effect on material properties. It also requires that no significant physical ageing and associated increase in retardation times occurs during the timescale of loading\(^2\). Modifications to Boltzmann's Principle have been proposed to account for the effects of elevated stresses\(^1\text{-}^5\) and of physical ageing\(^2\text{-}^5\). However they have not provided accurate predictions of the strain-recovery following creep at high stress or of the non-linear response to more complex stress histories\(^6\).

In this paper we describe studies of the non-linear, time-dependent strain in polypropylene at 23 °C during (a) the two-step application of stresses, (b) creep recovery following removal of a stress and (c) the reapplication of a stress during creep recovery (intermittent loading). The experimental data have been analysed by a modified superposition procedure that allows for variations in mean retardation time due both to spontaneous physical ageing and to the application and removal of stresses. This approach represents an extension to our model for physical ageing and non-linear creep\(^7\text{-}^{10}\) and is aimed at providing functions that could be employed in the design of plastic components subjected to time-varying loads.

2 SUMMARY OF CREEP MODEL

For a polymeric specimen subjected to a constant uniaxial tensile stress \(\sigma\), the creep behaviour may be specified by the compliance function, \(D(t) = \varepsilon(t)/\sigma\), where \(\varepsilon(t)\) is the time-dependent strain. Values of \(D(t)\) are found to decrease with increasing physical age of the material, represented by the elapsed time \(t_e\) between cooling the specimen from a high temperature (at which the polymer structure is at equilibrium) and the start of the creep test\(^2\).

At stress levels below about 3 MPa, and for a given age \(t_e\), \(\varepsilon(t)\) is usually proportional to \(\sigma\) for all times \(t\) and the linear creep behaviour may be characterised by a single \(D(t)\) versus \(\log t\) curve. At higher stresses an increase of \(D(t)\) with \(\sigma\) marks the onset of non-linear creep behaviour.

Various empirical functions have provided an accurate representation of the time-dependence of \(D(t)\) for several glassy and semicrystalline plastics\(^{10}\). In previous investigations of
polypropylene\(^7,10\) and in the study reported here, we employed a stretched-exponential function of the form

\[
D(t) = D_0 + \Delta D \left[1 - \exp\left(\frac{t}{\tau(u)}\right)^m\right]
\]

(1)

where \(D_0\) is the compliance in the limit \(t=0\), \(\Delta D\) is the retardation magnitude, \(\tau(u)\) a mean retardation time for the creep process, and \(m\) a parameter \((0 < m \leq 1)\) that characterises the width of the retardation time distribution. The integral allows for changes in \(\tau(u)\) due to physical ageing for all times \(u\) during the creep from 0 to \(t\).

For several glassy and semicrystalline polymers, including polypropylene\(^7,10\) a gradual decrease in \(D_0\) with increasing age \(t_e\) has been successfully modelled. Within experimental error, no systematic variations of \(D_0\) with \(\sigma\) are usually observed, and the value of \(m\) is essentially independent of \(t_e\) and \(\sigma^9\).

The principal effect of increasing \(t_e\) (see Fig 1) is to shift the short-term region \((t < t_e)\) of the \(D(t)\)-log \(t\) curve to longer times. This reflects an increase in the initial retardation time \(\tau(0)\) at constant \(m\). The decrease in slope of the compliance curve for \(t > t_e\) (Fig 1) is then ascribed to an increase in \(\tau(t)\) due to progressive ageing that accompanies the creep. This effect is allowed for by the integral in equation (1) assuming that \(D_0\) and \(m\) are independent of creep time \(t\).

With increasing stress (Fig 2), for a given age \(t_e\), the short-term region of the compliance curve shifts to shorter times. This effect is opposite to that produced by physical ageing, and corresponds to a decrease in \(\tau(0)\), although opinions differ as to whether it can be described as a stress-induced degradation of the material\(^2,8,11,12\). The effects of progressive ageing during the creep are seen for stresses up to 9 MPa but at higher stresses they are obscured by an upturn in the creep curve at longer times, believed to mark the onset of a non-recoverable flow process\(^13\).

The theoretical fits shown to the creep curves in Figures 1 and 2 were obtained using equation (1), allowing for non-recoverable compliance contributions at 11.8 and 14.8 MPa, and the equation\(^{10}\).
\[ \tau(t) = (A t_c^{2\mu} + C t^{2\mu'})^{0.5} \]

which describes the variation of \( \tau \) for various polymers over wide ranges of \( t_c \) and \( t \). The subscript \( \sigma \) is added to indicate that values for the parameters \( A, \mu, C \) and \( \mu' \) may each depend on stress level. These values usually decrease with increasing stress with \( C \rightarrow A \rightarrow A_0 \) and \( \mu' \rightarrow \mu \rightarrow \mu_0 \) in the limit \( \sigma \rightarrow 0 \). Table 1 lists values of the parameters derived from fitting equations (1) and (2) to the data in Fig 2, taking \[ \Delta D = 5.3 \text{ GPa}^{-1} \] and assuming that \( \mu' = \mu \).

The variation of retardation time with \( t_c \), stress and creep time is conveniently illustrated in Figure 3 by plots of \( \log \tau(t) \) versus \( \log (t_c + t) \). The linear dependence of \( \log \tau(0) \) on \( \log t_c \) (exemplified by the results for \( \sigma = 2.96 \text{ MPa} \)) is consistent with the first term in brackets in equation (2), the values of \( \mu \) and \( A \) corresponding to the respective slopes and intercepts (at \( \log t_c = 0 \)) of such plots. Also shown is the abrupt decrease in \( \tau \) and its subsequent increase with creep time (due to physical ageing) after applying various stresses at \( t_c = 24 \text{h} \). Values of \( \mu' \) and \( C \) in equation (2) correspond to the slopes and intercepts, respectively, of the long-time asymptotes to these curves.

3 MODIFIED SUPERPOSITION ANALYSIS

3.1 TWO-STEP LOAD INCREASE

It is convenient to consider first the response to a two-step loading in which a stress \( \sigma_0 \) is applied at \( t=0 \) and an additional stress \( \sigma_1 \) at \( t=t_1 \) (see Fig 4a). For times \( t \geq t_1 \) the strain \( \varepsilon(t) \) is written as

\[ \varepsilon(t) = \varepsilon_0(t) + \varepsilon_1(t) \]

where \( \varepsilon_0(t) \) and \( \varepsilon_1(t) \) are the strain contributions due to stresses \( \sigma_0 \) and \( \sigma_1 \), respectively, each of which operates indefinitely. On the basis of equations (1) and (3) we now write (assuming that \( D_0, \Delta D \) and \( m \) do not vary significantly with stress or with \( t \) and that \( \mu = \mu' \))

\[ \varepsilon(t) = \sigma_0 D_0 + \Delta D \left[ 1 - \exp \left( -\left( \sigma_0 + \sigma_1(t) \right)^m \right) \right] + \sigma_1 D_0 + \Delta D \left[ 1 - \exp \left( -\sigma_1(t)^m \right) \right] \]

where
\[ I_0 = \int_{t_1}^{t} \frac{du}{\left(A\frac{2\mu}{t^2} + C^2u^{-2\mu}\right)^{0.5}} \]  

(5)

and

\[ I_1(t) = \int_{t_1}^{t} \frac{du}{\tau(u)} \]  

(6)

The constant \( I_0 \) can be evaluated, using (5), from the parameters obtained by modelling the creep data during the first loading step. The integral \( I_1(t) \) allows for changes in \( \tau(t) \) for \( t \geq t_1 \) associated with spontaneous ageing and with the load increase at \( t_1 \). It will be noted that \( I_1(t) \) governs the behaviour of both \( \varepsilon_0(t) \) and \( \varepsilon_1(t) \) and can be determined (see Section 5.3) using equation (4) from the measured \( \varepsilon(t) \) and the known value of \( I_0 \). Instantaneous values of \( \tau(t) \) can then be obtained from the relation

\[ \frac{1}{\tau(t)} = \frac{dI_1(t)}{dt} = \frac{I_1(t)}{t} \frac{d\log I_1(t)}{d\log t} \]  

(7)

which follows from (6). Details will be given below of the procedures used to determine \( \tau(t) \) (Section 5.3) and of the function developed for describing its time-dependence, and hence the time-dependence of \( \varepsilon(t) \), during the second loading phase (Section 6.1).

### 3.2 RECOVERY FOLLOWING LOAD REMOVAL

In this case (Fig 4b) a stress \( \sigma \) is applied at \( t=0 \) and removed at \( t=t_1 \). The stress removal is equivalent to applying a *negative* stress of equal magnitude \( \sigma \) whilst preserving the original applied stress. We then have \( \sigma_0 = \sigma, \sigma_1 = -\sigma \) and the strain components \( \varepsilon_0(t) \) and \( \varepsilon_1(t) \) are, respectively, positive and negative. Using (1) and (3) we now obtain for \( t \geq t_1 \)

\[ \varepsilon(t) = \sigma \Delta D \left[ \exp(-I_1(t)^m) - \exp(-(I_0 + I_1(t))^m) \right] \]  

(8)

where \( I_0 \) and \( I_1(t) \) are given by (5) and (6) respectively.

Equation (8) may now be used to calculate values of \( I_1(t) \) during the recovery phase from the known \( I_0 \) and measured \( \varepsilon(t) \), and the time-dependence of \( \tau(t) \) subsequently evaluated using (7). A function used to model the variation of \( \tau(t) \) during the recovery will be discussed in Section 6.2.
3.3 INTERMITTENT LOADING

As illustrated in Fig 4c, we now consider the response to a stress $\sigma$ that is first applied at $t=0$, removed at $t=t_1$, and subsequently reapplied at $t=t_2$. This loading history is equivalent to applying stresses $\sigma_0=\sigma$, $\sigma_1=-\sigma$ and $\sigma_2=\sigma$ at times $t=0$, $t_1$ and $t_2$ respectively. Superposition of the resulting strain components gives for $t \geq t_2$

$$\varepsilon(t) = \varepsilon_0(t) + \varepsilon_1(t) + \varepsilon_2(t)$$

(9)

where $\varepsilon_0(t)$ and $\varepsilon_2(t)$ have positive values and $\varepsilon_1(t)$ is negative. From (1) and (9) we have

$$\varepsilon(t) = \sigma \left\{ D_0 + \Delta D \left[ 1 - \exp \left\{ -\left( I_0 + I_1 + I_2(t) \right)^m \right\} \right] \right\}$$

$$-\sigma \left\{ D_0 + \Delta D \left[ 1 - \exp \left\{ -\left( I_1 + I_2(t) \right)^m \right\} \right] \right\}$$

$$+\sigma \left\{ D_0 + \Delta D \left[ 1 - \exp \left\{ -\left( I_2(t) \right)^m \right\} \right] \right\}$$

(10)

where $I_0$ is given by equation (5) with $\sigma_0=\sigma$,

$$I_1 = \int_{t_1}^{t_2} \frac{du}{\tau(u)}$$

and

$$I_2(t) = \int_{t_2}^{t} \frac{du}{\tau(u)}$$

The constant $I_1 (= I_1(t_2))$ may be evaluated using (8) from the known $I_0$ and the residual strain during the recovery at the instant of reloading. Values of $I_2(t)$ may then be obtained from (10) and the measured $\varepsilon(t)$ for $t \geq t_2$. From equation (12) it follows that the corresponding $\tau(t)$ values during the second loading period can be estimated using
\[
\frac{1}{\tau(t)} = \frac{dI_2(t)}{dt} = \frac{I_2(t)}{t} \log \frac{I_2(t)}{I_1(t)}
\]

The function used to model the time-dependence of \(\tau(t)\) for \(t \geq t_2\) will be considered in Section 6.3.

4 PSEUDO-LINEAR MODEL

For linear behaviour, and in the absence of ageing, the magnitude of each strain component will be proportional to the corresponding stress component at a given time after its application (and independent of other stress components). In the case of a two-step load increase, this is represented by

\[
\varepsilon_1(t) = \frac{\sigma_1}{\sigma_0} \varepsilon_0 \quad (t-t_1)
\]

At elevated stresses, in the non-linear range, it will be instructive to compare the measured strains for \(t \geq t_1\) with those predicted assuming the validity of equations (3) and (14). The predicted strains for \(t \geq t_1\) are thus obtained using, in place of equation (4),

\[
\varepsilon(t) = \sigma_0\left[D_0 + \Delta D\left[1-\exp(-I_0'(t)^m)\right]\right] \\
+ \sigma_1\left[D_0 + \Delta D\left[1-\exp(-I_1'(t)^m)\right]\right]
\]

where

\[
I_0'(t) = \int_{0}^{t} \frac{du}{(A^2t_e^{2\mu} + C^2u^{2\mu})^{0.5}}
\]

and

\[
I_1'(t) = \int_{t_1}^{t} \frac{du}{(A^2t_e^{2\mu} + C^2(u-t_1)^{2\mu})^{0.5}}
\]
The values of $A$, $\mu$ and $C$ in (15) and (16) are those obtained for stress $\sigma_0$ from fitting equations (1) and (2) to the creep data for $t \leq t_1$.

In the case of creep recovery, the pseudo-linear approximation assumes that

$$\varepsilon_1(t) = -\varepsilon_0(t-t_1)$$  \hspace{1cm} (17)$$

and, from equation (3), the predicted strains for $t \geq t_1$ are obtained using

$$\varepsilon(t) = \sigma \Delta D \left[ \exp \left( -\left( I_1'(t) \right)^m \right) -\exp \left( -\left( I_0'(t) \right)^m \right) \right]$$  \hspace{1cm} (8a)$$

where $I_0'(t)$ and $I_1'(t)$ are given by (15) and (16), respectively, with $\sigma_0 = \sigma$.

For intermittent loading, the pseudo-linear scheme assumes the validity of equations (9) and (17) together with

$$\varepsilon_2(t) = \varepsilon_0(t-t_2)$$  \hspace{1cm} (18)$$

The strains for $t \geq t_2$ are then predicted using the equation

$$\varepsilon(t) = \sigma \left\{ D_0 + \Delta D \left[ 1 - \exp \left( -\left( I_0'(t) \right)^m \right) \right] \right\}$$

$$-\sigma \left\{ D_0 + \Delta D \left[ 1 - \exp \left( -\left( I_1'(t) \right)^m \right) \right] \right\}$$

$$+\sigma \left\{ D_0 + \Delta D \left[ 1 - \exp \left( -\left( I_2'(t) \right)^m \right) \right] \right\}$$  \hspace{1cm} (10a)$$

where $I_0'(t)$ and $I_1'(t)$ are again given by (15) and (16) with $\sigma_0 = \sigma$ and

$$I_2'(t) = \int_{t_2}^{t} \frac{du}{\left( A t_u^2 + C \left( t - t_2 \right)^{2\mu} \right)^{0.5}}$$  \hspace{1cm} (19)$$

The pseudo-linear scheme cannot be generally valid since it implies that changes in $\tau(t)$ due to the application of $\sigma_1$ and $\sigma_2$ are negligible and makes no allowance for the effects of ageing during the periods $0 \rightarrow t_1$ and $0 \rightarrow t_2$ on the expressions for $I_1(t)$ and $I_2(t)$ respectively.
If the applied stresses are sufficiently small to have a negligible influence on $\tau(t)$ and, in addition, $t$ is small compared with $t_e$ so that changes in age state during the loading periods become negligible, then equations (15), (16) and (19) reduce to

$$\frac{t}{\tau(0)}$$

(20)

$$I_1'(t) = \frac{t-t_1}{\tau(0)}$$

(21)

and

$$\frac{t-t_2}{\tau(0)}$$

(22)

respectively, where $\tau(0) = A t_e^\mu$. Substitution of these equations, into (4a), (8a) or (10a) yields the relations for linear viscoelasticity, usually derived without consideration of spontaneous ageing effects.$^1$

5 EXPERIMENTAL METHODS AND DATA ANALYSIS

5.1 MATERIAL

The polypropylene (Royalite Propylex homopolymer) was obtained in the form of a 9 mm thick sheet from which specimens were machined having nominal dimensions 180 x 10 x 4 mm. To stabilise their crystallinity with respect to subsequent thermal treatments, the specimens were first annealed at 130 °C for 4 hours and then cooled slowly to room temperature.

Prior to the initial load application, the specimens were heated to 80 °C for 30 minutes to erase previous effects of ageing, quenched in water at 23 °C, and stored at this temperature for different times $t_e$.

5.2 STRAIN AND COMPLIANCE DETERMINATION

Tensile strains, $\varepsilon_m(t) = \Delta l/l_0$, were determined from the measured time-dependent extensions $\Delta l$ of specimens with unstrained gauge length $l_0$. Each specimen was held vertically between a fixed lower clamp and an upper clamp through which loads were applied via a pivoted lever arm with a 5:1 ratio advantage. Two calibrated extensometers
of gauge length 50 mm were located on opposite faces of the specimen. The extensometers each comprised an inductive displacement transducer that contacted the specimen via two knife edges. One of the knife edges was attached to the core of the transducer and the other to its body. A data logger was employed to sample the amplified output voltage from each extensometer at specified time intervals. The first recordings were made at 1s after the application or removal of a load. At the end of each loading or unloading period, the data were dumped to a disc for storage and subsequent analysis. All measurements were made at 23.0 ± 0.2°C by locating the specimens in temperature-controlled chambers.

Corrections to the measured strains $\epsilon_m(t)$ were made to account for the small variations in cross-sectional area, and hence true stress, that accompany the length changes at constant load. The corrected strains $\epsilon(t)$ and derived compliances $D(t)$ are related by

$$\epsilon(t) = \epsilon_m(t) \left[ 1 - 2\nu \epsilon_m(t) \right] = D(t)\sigma_u$$

(23)

where $\sigma_u$ is the calculated stress per unit unstrained cross-sectional area and a value of 0.37 was taken for Poisson’s ratio $\nu$. For a specimen of given age, the strains and compliances were usually reproducible to within 2%.

5.3 DATA ANALYSIS

Values of the parameters $D_0$, $m$, $A$, $\mu$ and $C$ are required to calculate the strains for any loading sequence according to the modified superposition procedure or pseudo-linear model. Taking $\Delta D = 5.3 \text{ GPa}^{-1}$, $D_0$, $m$ and $\tau(0)$ were first obtained by fitting equation (1) to the initial parts of the creep curves spanning the time range $t \leq 0.2$ $t_c$. Noting that the effective age of a testpiece does not change significantly over this period, the integral of equation (1) then becomes $t/\tau(0)$ where $\tau(0) = At_0^{\mu}$. $A$ and $\mu$ were subsequently derived from the respective intercept and slope of a plot of $\log \tau(0)$ versus $\log t_c$. For creep times in excess of the short-term limit (0.2 $t_c$) the effective age of the testpiece progressively increases and the data has to be modelled in terms of equation (1) with $\tau(u)$ given by equation (2). The only unknown variable in these equations, $C$, was obtained by a linear least-squares fit to the data noting that the integral of equation (1) has to be solved numerically.

Within experimental error, $D_0$ and $m$ showed no systematic variations with stress whereas $A$, $\mu$ and $C$ were found to be stress dependent although independent of elapsed time, $t_c$. By using the optimum values of these parameters for each of the loading sequences, allowance was made for the lack of exact repeatability of experimental results.
Values for the unknown integral $I_1(t)$ in equations (4) and (8) were obtained by a linear least-squares fit of these functions to experimental data using appropriate values of $D_0$, $m$, $A$, $\mu$ and $C$. The time dependence of the mean retardation time $\tau(t)$ was obtained by differentiating a polynomial fit to a plot of $\log I_1(t)$ versus $\log t$ following equation (7). Similar procedures were employed to determine $I_2(t)$ in (10) and the corresponding $\tau(t)$ according to (13). The modelling of $\tau(t)$ is discussed below in Section 6.

6 RESULTS AND DISCUSSION

6.1 TWO-STEP LOAD INCREASE

Figure 5 shows the measured strains as a function of $\log t$ in a two-step loading test on a specimen of age $t_e=24$h. The specimen was first subjected to a stress $\sigma_0=6.2$ MPa at $t=0$ and an additional stress of $\sigma_1=5.7$ MPa was then applied at $t_1=6$h. For comparison, creep strains are also presented for another specimen of age $t_e=24$h subjected to a stress of $11.9$ MPa at $t=0$. For times greater than about 30h, the effects of the second loading step become dominant and the strains produced by the different stress histories are seen to converge.

During the second loading stage, the observed strains are much larger than those predicted by the pseudo-linear scheme (Fig 5). This result is ascribed to a decrease in $\tau$ due to the second load increase, an effect which serves to increase both $\varepsilon_0(t)$ and $\varepsilon_1(t)$ but is not accounted for by the pseudo-linear approximation.

Figure 6 shows a plot of $\log \tau(t)$ versus $\log (t_e+t)$ calculated from the strain data of Figure 5 according to the modified superposition procedure (eq (7)). The application of $\sigma_1$ is seen to produce an abrupt decrease in $\tau(t)$ to values somewhat lower than those calculated from the creep data at $11.9$ MPa. Subsequently the $\tau(t)$ values increase, due to a reactivation of ageing, to a level close to that derived for $11.9$ MPa. The retardation time thus appears to depend on the effective age of the material and the total instantaneous applied stress. It is also found that the increase in $\tau(t)$ after the second load application can be described to a good approximation by the power law

$$\log \tau(t) = \log \tau_1 + k_1(t-t_1)^{m_1}$$

(24)

where $\tau_1$ is the mean retardation time at $t_1$ immediately following the application of $\sigma_1$, and $k_1$ and $m_1$ are constants. Table 2 lists the values of the parameters obtained from the data.
in Figure 6 and from similar results for different \( t_1 \) and \( \sigma_1 \). On the basis of (24), the time-
dependence of \( \varepsilon(t) \) for \( t \geq t_1 \) has been modelled using (4), (5) and (6) with

\[
\tau(u) = 10^{(\log \varepsilon_1 + k(t-t_1)^{m_1})}
\]

(25)

Figure 5 illustrates the good agreement between the calculated and measured strains.

**CREEP RECOVERY**

The recovery data will be illustrated by plots of the residual strain versus \( \log (t-t_1) \) rather than \( \log t \). By effectively expanding the timescale at short recovery times, this allows the proposed recovery functions to be more accurately assessed in this region.

### 6.2.1 Pseudo-linear model

Figures 7 and 8 show creep and recovery curves at a stress close to 3 MPa that is just within the non-linear range. When the duration of the test is short compared with \( t_e \) (Fig 7) the pseudo-linear scheme provides a good description of the behaviour. This is consistent with the fact that equation (15) then reduces to equation (20) and, similarly, (16) reduces to (21). Hence the behaviour conforms closely with the equations of linear viscoelasticity. However for creep times \( t_1 \) much larger than \( t_e \) then, as shown in Fig 8, the observed strains during the recovery are substantially larger than those predicted by the pseudo-linear approximation. The discrepancy is attributed to physical ageing that occurs during the creep, as a result of which \( \tau(t) \) values during the recovery are higher than those in the early stages of the creep. Thus the magnitude of the negative \( \varepsilon_1(t) \) component is smaller than that predicted by (17).

At elevated stresses (see Fig 9) the measured strains at long recovery times are again larger than those predicted by the pseudo-linear model. However at short recovery times (for \( t_1 \) small compared with \( t_e \)) they are significantly smaller than the predicted values (see also Fig 12 below), suggesting a possible decrease in \( \tau \) on unloading and consequent increase in the relative magnitude of \( \varepsilon_1(t) \).

**Modified superposition analysis**

With the aid of methods detailed in Section 5.3, equations (7) and (8) were employed to derive \( \tau(t) \) from the measured strains during creep recovery for several combinations of \( \sigma \), \( t_e \) and \( t_1 \). Some results of these calculations are included in Figure 10 for the case
σ=11.8 MPa, t₁=1h and different age states τ. Figure 11 shows similar data for a stress of 8.97 MPa, tₑ=24h and various creep durations t₁. It will be observed that the retardation time exhibits an abrupt decrease upon load removal, and then increases quite rapidly to a level close to that found for σ→0 from low-stress creep data. In support of the latter observation, Figure 11 shows that retardation times determined from low-stress creep measurements after reloading the specimens during recovery lie close to the extrapolated values from low-stress data prior to the application of an elevated stress. The small discrepancies between the calculated τ(t) from the recovery data and the retardation times for the reloaded specimens could reflect inaccuracies in the form of the creep function over wide time ranges.

The increase of τ(t) over 4-5 decades of recovery time can be closely described by the power-law function

$$\log \tau(t) = \log \tau_{1r} + k_\tau(t-t_1)^{m_\tau} \quad (26)$$

where τ₁ᵣ is the initial retardation time governing the recovery at the instant of unloading (t=t₁) and kᵣ and mᵣ are constants. The derived values for τ₁ᵣ, kᵣ and mᵣ are shown in Table 3 and were used to recalculate the residual strains using (8), (9), (6) and (26). Figures 8 and 9 exemplify the excellent agreement typically observed between the experimental and calculated strains.

Further work is required to develop functions that relate τ₁ᵣ, kᵣ and mᵣ to the variables σ, tₑ and t₁ and that may serve as a basis for predicting the recovery behaviour. Some comments can, however, be made on the significance of, and possible methods for estimating, these parameters.

Regarding the value of log τ₁ᵣ, this will depend on the retardation time τ₁c during the creep at t=t₁ and the decrease Δlog τ₁ = log τ₁ᵣ - log τ₁c due to unloading. According to our model, this decrease is produced by the negative (compressive) component of the deconvoluted stress and could reflect a transient structural change in the material (increase in free volume or conformational entropy). From studies of PVC, we have found that the retardation time for short-term creep under uniaxial compression decreases with increasing stress, the magnitude of this decrease being around 40% of that observed under tension. From the data in Tables 1 and 3 we estimate that the magnitude of Δlog τ₁ is about 60% of the decrease in log τ produced by the initial loading, or about 40% of the decrease produced by an additional load of the same magnitude. Based on these observations, it appears that
close estimates of log $\tau_{1r}$ could be obtained from a combined analysis of tensile and compressive creep data.

With regard to the values of $k_r$ and $m_r$, we note that equation (26) could reflect a progressive decrease in free volume or conformational entropy during the recovery since log $\tau(t)$ should be inversely proportional to each of these structural variables\(^1\). The parameter $k_r$ will then characterise the rate of the structural recovery and depend on the magnitude and some time constant for the structural process. It will be evident from Table 3 that trends in the value of $k_r$ with varying $\sigma$, $t_e$ and $t_1$, respectively, are opposite to the trends in log $\tau_{1r}$. This suggests that related empirical relationships could be developed for modelling variations in $\tau_{1r}$, $k_r$, and $m_r$.

6.3 INTERMITTENT LOADING

Figure 12 presents the measured strains produced by intermittent loading for $\sigma=9.02$ MPa, $t_e=24h$, $t_1=1.09h$ and $t_2=2.09h$. During the recovery stage ($t_2 \geq t_1$), the discrepancies between the observed strains and those predicted by the pseudo-linear scheme are again indicative of an abrupt decrease and subsequent increase in $\tau(t)$ following the load removal at $t_1$. The retardation times calculated with the aid of (7) are included in Figure 13, and it is seen (Fig 12) that the residual strains during the recovery can again be accurately modelled by the modified superposition equations.

The initial strain increment due to the reloading at $t_2$ is somewhat larger than that predicted by the pseudo linear scheme (Fig 12). This is consistent with the observation in Figure 13 that the reloading occurs before $\tau(t)$ has increased to the zero-stress level and produces a further sharp decrease in $\tau(t)$ to a value below that observed after the first loading. For $t > t_2$, $\tau(t)$ then increases quite rapidly to the level calculated for continuous loading. The latter increase can be described to a good approximation by the function

$$\log \tau(t) = \log \tau_2 + k_2(t-t_2)^{m_2}$$  \hspace{1cm} (27)

where $\tau_2$ is the mean retardation time at $t_2$ immediately after the reloading and $k_2$ and $m_2$ are constants. Figure 12 shows the good agreement between the observed strains for $t \geq t_2$ and those calculated by the modified superposition analysis with the aid of (26) and (27).

Similar results have been obtained from intermittent loading tests in which the recovery period ($t_2-t_1 = 1h$) is short compared with the initial creep duration ($t_1=6h$ and $24h$
respectively). When the recovery period is long compared with the creep duration it is expected that $\tau(t)$ will increase to around the zero-stress level prior to the reloading. Owing to the increase in effective age of the material between $t=0$ and $t=t_2$, the $\tau(t)$ value after reloading should then be higher than that observed after the initial loading. This would explain previous observations that the strain increment produced by reloading in an intermittent loading test shows a progressive decrease with an increasing number of loading cycles when recovery periods are long compared with the durations of loading.

7 CONCLUSIONS

(a) The time-dependent strain $\varepsilon(t)$ in polypropylene resulting from different stress histories can be described by a modified superposition analysis that allows for changes in mean retardation time $\tau(t)$ due to progressive physical ageing and to the application and removal of loads.

(b) The value of $\tau(t)$ exhibits an abrupt decrease when a stress in the non-linear range is applied or removed. It subsequently increases to a level determined by the total existing stress and the effective age of the material.

(c) Functions have been developed (equations (2) and (24) $\rightarrow$ (27)) that can accurately describe the time-dependence of $\tau(t)$, and hence $\varepsilon(t)$, in terms of parameters that may be derived from limited amounts of data. Further studies under tension and compression could yield methods for predicting the values of the parameters and relating them to stress, age state, and duration of loading.

8 ACKNOWLEDGEMENTS

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10 TOMLINS, P E. Polymer. To be published.


Plots of $\log I_1(t)$ versus $\log t$ were initially described by Chebyshev polynomials which were subsequently differentiated to give $\tau(t)$. Fitting and differentiation of these plots was carried out using Matlab (Version 4.1, Mathworks Inc., USA) together with software from the National Physical Laboratories Data Approximation Subroutine Library.
Table 1

Values of Parameters Obtained from Modelling of Creep Curves

<table>
<thead>
<tr>
<th>Stress (MPa)</th>
<th>2.96</th>
<th>6.20</th>
<th>8.97</th>
<th>11.8</th>
<th>14.8</th>
</tr>
</thead>
<tbody>
<tr>
<td>$D_0$ (GPa$^{-3}$)</td>
<td>0.65</td>
<td>0.62</td>
<td>0.59</td>
<td>0.62</td>
<td>0.63</td>
</tr>
<tr>
<td>$m$</td>
<td>0.21</td>
<td>0.21</td>
<td>0.20</td>
<td>0.20</td>
<td>0.20</td>
</tr>
<tr>
<td>$A(s^{-1} \mu)$</td>
<td>56,485</td>
<td>22,890</td>
<td>14,100</td>
<td>7560</td>
<td>2356</td>
</tr>
<tr>
<td>$\mu$</td>
<td>0.71</td>
<td>0.63</td>
<td>0.54</td>
<td>0.47</td>
<td>0.40</td>
</tr>
<tr>
<td>$C(s^{-1} \mu)$</td>
<td>30,000</td>
<td>30,000</td>
<td>34,000</td>
<td>28,000</td>
<td>29,900</td>
</tr>
</tbody>
</table>

Table 2

Values of parameters describing the variation of $\tau(t)$ during the second stage of two-step loading tests. $(t_e = 24h)$

<table>
<thead>
<tr>
<th>$\sigma_0$ (MPa)</th>
<th>$\sigma_1$ (MPa)</th>
<th>$t_1$ (s)</th>
<th>log $\tau_1$ (s)</th>
<th>$k_1$ ($s^{-m_1}$)</th>
<th>$m_1$</th>
</tr>
</thead>
<tbody>
<tr>
<td>6.2</td>
<td>5.70</td>
<td>3633</td>
<td>5.85</td>
<td>0.061</td>
<td>0.231</td>
</tr>
<tr>
<td>6.2</td>
<td>5.70</td>
<td>21,600</td>
<td>5.99</td>
<td>0.022</td>
<td>0.302</td>
</tr>
<tr>
<td>6.2</td>
<td>2.85</td>
<td>3774</td>
<td>6.70</td>
<td>0.014</td>
<td>0.316</td>
</tr>
</tbody>
</table>
Table 3

Values of parameters describing the variation of \(\tau(t)\) during Creep Recovery

<table>
<thead>
<tr>
<th>Stress (MPa)</th>
<th>(t_e) (h)</th>
<th>(t_1) (s)</th>
<th>(\log \tau_{1r}) (s)</th>
<th>(k_r(s^{-m_r}))</th>
<th>(m_r)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.96</td>
<td>24</td>
<td>1.731 \times 10^6</td>
<td>8.917</td>
<td>0.088</td>
<td>0.105</td>
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<tr>
<td>6.20</td>
<td>24</td>
<td>3760</td>
<td>6.964</td>
<td>0.104</td>
<td>0.224</td>
</tr>
<tr>
<td></td>
<td>24</td>
<td>21,330</td>
<td>7.142</td>
<td>0.050</td>
<td>0.259</td>
</tr>
<tr>
<td>8.97</td>
<td>7</td>
<td>3700</td>
<td>5.502</td>
<td>0.362</td>
<td>0.167</td>
</tr>
<tr>
<td></td>
<td>24</td>
<td>1822</td>
<td>5.778</td>
<td>0.271</td>
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</tr>
<tr>
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<td>6.091</td>
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<tr>
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<td>6.374</td>
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<tr>
<td></td>
<td>24</td>
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<td>0.076</td>
<td>0.253</td>
</tr>
<tr>
<td></td>
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<td>6.862</td>
<td>0.028</td>
<td>0.313</td>
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<tr>
<td></td>
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<td>260,246</td>
<td>6.989</td>
<td>0.024</td>
<td>0.303</td>
</tr>
<tr>
<td></td>
<td>72</td>
<td>3650</td>
<td>5.945</td>
<td>0.329</td>
<td>0.164</td>
</tr>
<tr>
<td>11.8</td>
<td>7</td>
<td>3600</td>
<td>4.687</td>
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<td>0.145</td>
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<tr>
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<td>0.604</td>
<td>0.148</td>
</tr>
<tr>
<td></td>
<td>24</td>
<td>3600</td>
<td>4.992</td>
<td>0.514</td>
<td>0.153</td>
</tr>
<tr>
<td></td>
<td>24</td>
<td>28,800</td>
<td>5.240</td>
<td>0.393</td>
<td>0.160</td>
</tr>
<tr>
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<td>72</td>
<td>3900</td>
<td>5.177</td>
<td>0.477</td>
<td>0.157</td>
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<tr>
<td>14.8</td>
<td>7</td>
<td>2160</td>
<td>3.154</td>
<td>1.450</td>
<td>0.102</td>
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<tr>
<td></td>
<td>24</td>
<td>2045</td>
<td>3.307</td>
<td>1.389</td>
<td>0.110</td>
</tr>
<tr>
<td></td>
<td>72</td>
<td>2160</td>
<td>3.567</td>
<td>1.293</td>
<td>0.104</td>
</tr>
</tbody>
</table>
FIGURE CAPTIONS

Tensile creep compliance curves for a stress of 2.96 MPa and different age stages $t_e$. Theoretical curves (—) were obtained by fitting equations (1) and (2) to the data.

Tensile creep compliance curves for $t_e = 24$ h and different stress levels $\sigma$. The theoretical curves (—) were derived by fitting equations (1) and (2) to the data, taking $\Delta D = 5.3$ GPa$^{-1}$ and yielding values for the other parameters given in Table 1.

Fig 3 Double-logarithmic plots showing the variation of $\tau$ with age $t_e$ and creep time $t$. (o), values of $\tau(0)$ at $t = 0$ for different $t_e$ obtained from analyses of short-term creep data at 2.96 MPa. (—), Variations of $\tau(t)$ with $t$ during long-term creep calculated from the data in Fig 2. These curves correspond to equation (2) with values of parameters from Table 1.

Fig 4 Schematic illustration of strain response to different stress histories. (a), two-step load increase; (b), creep and subsequent recovery following load removal; (c), intermittent load application.

(Δ), time-dependence of the strain during a two-step loading test with $t_e = 24$ h, $\sigma_0 = 6.2$ MPa, $\sigma_1 = 5.7$ MPa and $t_1 = 6$ h. (o), strains determined during a single-creep test for $t_e = 24$ h and $\sigma = 11.9$ MPa. (—), predicted strains during the second loading stage according to equation (4a), with parameters for 6.2 MPa from Table 1. (—), calculated strains obtained by fitting equations (1) and (2) to data in the first loading stage and using (4) and (25) in the second stage. Using (1) and (2), the parameters obtained for 6.2 MPa are given in Table 1 and, for 11.9 MPa, we obtained $m = 0.20$, $D_0 = 0.62$ GPa$^{-1}$, $A = 6837$ s$^{1.5}$, $C = 20,000$ s$^{1.5}$ and $\mu = \mu' = 0.47$. Using (4) and (5), values of the parameters were taken from Table 1 for 6.2 MPa. The parameters used with (25) are listed in Table 2.

(—), calculated variation of $\tau(t)$ with $t$ from the experimental data in Fig 5 during the first stage (1) and second stage (2) of the two-step loading test. In stage 1, $\tau(t)$ values are given by equation (2) with parameters from Table 1. In stage 2, $\tau(t)$ calculated from the modified superposition equations as described in Sections 3.1 and 5.3. (o), as in Fig 3. (—), variation of $\tau(t)$ during long-term creep at the specified stresses according to (2) with parameters from Table 1 and Fig 5. (Δ), $\tau_1$ value at $t = t_1$, from Table 2.
Low-stress creep (●) and recovery (○) data for $t_e = 24h$, $\sigma = 2.95 \text{ MPa}$ and $t_1 = 3687 \text{ s}$. (— — —), fit of equations (1) and (2) to the creep data. (— - - -), predicted recovery using equation (8a). Values for parameters as follows: $D_0 = 0.65 \text{ GPa}^{-1}$, $\Delta D = 5.3 \text{ GPa}^{-1}$, $m = 0.21$, $A = 50,100 \text{ s}^{1+\mu}$, $C = 30,000 \text{ s}^{1+\mu}$, $\mu = \mu' = 0.71$.

Low-stress creep (●) and recovery (○) data for $t_e = 24h$, $\sigma = 2.96 \text{ MPa}$ and $t_1 = 481h$. (— — —), fit of equations (1) and (2) to the creep data and calculated recovery curve using (8) and (26) with values of parameters in Tables 1 and 3. (— - - -), predicted recovery using equation (8a) with values of parameters given in Table 1.

Creep (●) and recovery (○) data for $t_e = 24h$, $\sigma = 11.8 \text{ MPa}$ and $t_1 = 3,600 \text{ s}$. Theoretical curves (——) and (— - -) derived as in Fig 8.

Fig 10 (—— — —), calculated variation of $\tau(t)$ with $t$ during the creep (1) and recovery (2) for $\sigma = 11.8 \text{ MPa}$, $t_1 = 1h$ and different $t_e$. $\tau(t)$ values during creep are given by equation (2) with parameters in Table 1. During the recovery, $\tau(t)$ calculated by the modified superposition procedure described in Sections 3.2 and 5.3. (— - - —), as in Fig 3. (●), $\tau_{1r}$ values at $t = t_1$ from Table 3.

Fig 11 (—— — —), variations of $\tau(t)$ with $t$ during creep and recovery for $\sigma = 8.97 \text{ MPa}$, $t_e = 24h$ and different creep durations $t_1$. Calculations and symbols (— - - —), (●), as in Fig 10. (●), $\tau$ values determined during recovery from short-term creep data after reapplying a stress of 2.96 MPa.

Fig 12 Time-dependence of the strain during the initial creep (●) and recovery (○), and after reloading (●), for an intermittent loading test with $\sigma = 9.02 \text{ MPa}$, $t_e = 24h$, $t_1 = 3910 \text{ s}$ and $t_2 = 7515 \text{ s}$. (— - - -), pseudo-linear predictions using equation (8a) for recovery and (10a) after reloading. (—— — —), calculated strains using (1) and (2) for the initial creep, (8) for the recovery and (10) after reloading. Parameters as follows: $D_0 = 0.62 \text{ GPa}^{-1}$, $m = 0.20$, $A = 11,517 \text{ s}^{1+\mu}$, $\mu = 0.54$, $C = 34,000 \text{ s}^{1+\mu}$. Values of $\tau(u)$ in (6) and (11) calculated using (26) with $\log \tau_{1r} = 5.621$, $k_r = 0.410 \text{ s}^{-m_r}$, $m_r = 0.146$. Values of $\tau(u)$ in (12) calculated using (27) with $\log \tau_2 = 6.00$, $k_2 = 0.312 \text{ s}^{-m_2}$, $m_2 = 0.123$. 
Fig 13 (— ----), variations of $\tau(t)$ with $t$ during the initial creep (1) and recovery (2), and after the reloading (3), calculated from the experimental data in Fig 12. $\tau(t)$ values during the initial creep are given by equation (2) with parameters given in Fig 12. During the recovery and after reloading, $\tau(t)$ calculated by the modified superposition procedures described in Sections 3.2, 3.3 and 5.3. (---), variation of $\tau(t)$ during long-term creep at 9.02 MPa according to equation (2) with parameters given in Fig 12. (-----o-----), as in Fig 3. (a) and (n), $\tau_{1r}$ and $\tau_{2r}$ values, respectively, given in Fig 12.
Creep compliance curves

$\sigma = 2.96 \text{ Mpa}$

Fig 1
Fig. 3
Fig 4
Strain response to two-step loading

$\varepsilon_0 = 2.4 \text{h, } \sigma_0 = 6.2 \text{MPa, } \sigma_1 = 5.7 \text{MPa}$

Modelling superposition analysis

Pseudo-linear prediction

Creep at 6.2 MPa

Creep at 11.9 MPa

$t=t^*$
Fig. 6

\( t = 6h \)

\( t_e = 24h, \sigma_0 = 6.2 MPa, \sigma_1 = 5.7 MPa \)

\( 6.20 MPa \)

\( 11.9 MPa \)

\( \tau \) variations for two-step loading
Creep and recovery

$\sigma = 2.95 \text{MPa}, \ t_e = 24 \text{h}, \ t_1 = 1 \text{h}$

Fig 7
Creep and recovery

$\sigma = 11.8 \text{ MPa}$, $t_e = 24 \text{ h}$, $t_f = 1 \text{ h}$

Fig. 9
Fig. 10
Fig.
Strain response to intermittent loading

\[ \sigma = 9.02 \text{MPa}, \quad t_a = 24 \text{h}, \quad t_1 = 1.09 \text{h}, \quad t_2 = 2.09 \text{h} \]
Fig 13

$\tau$ variations during intermittent loading. $t_e=24h$, $\sigma=9.02\text{MPa}$

$t_e=2.1\text{h}$

$t_i=1\text{h}$